DIY reusable face mask

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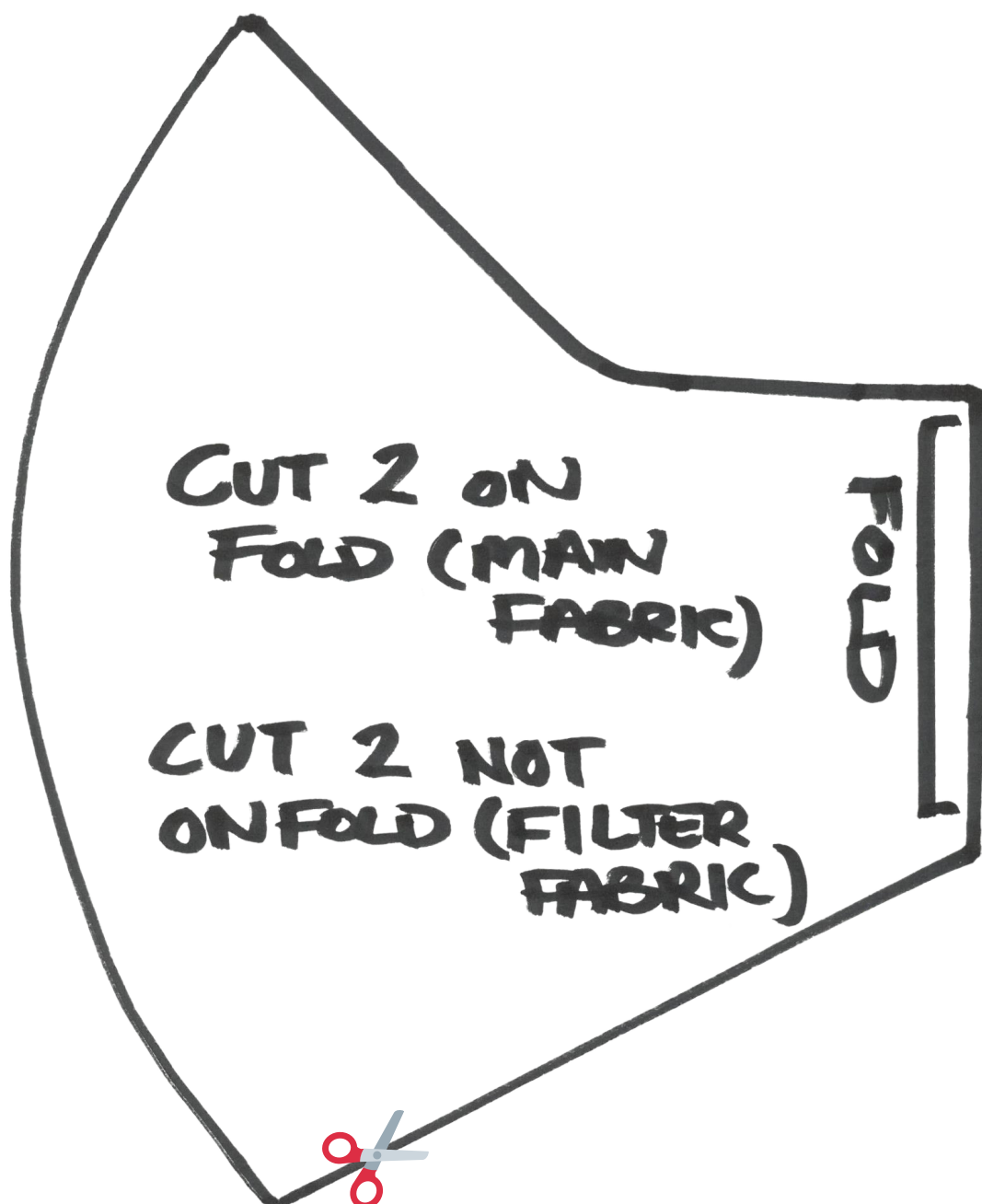**Adelaide Sustainability Centre**

Have some scrap fabric lying round? Show your creativity and your values by making your own sustainable face mask!

No sewing experience? No worries!
Adelaide Sustainability Centre and PatternPak have teamed up to bring you a beginner level DIY Face mask tutorial!

Borrow a machine from Adelaide Sustainability Centre's 'Library of Things', and follow these easy steps (or use the QR code to watch a video tutorial!)

You will need:

o Mask template

o Main fabric (preferably cotton)

o Filter fabric (calico/muslin)

o Thread

o 50cm Elastic earloops

o Nosewire 7cm (optional)

o Sewing machine

o Scissors and/or snips

o Pins

o Measuring tape / ruler

o Seam ripper/stitch unpicker

o Chopstick

CUT 2 ON FOLD (MAIN FABRIC)

FOLD

CUT 2 NOT ON FOLD (FILTER FABRIC)

Find out more about PatternPak at www.patternpak.com.au/

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Steps to make your reusable mask!

1. Cut out 2 pieces of main fabric on fabric fold. Cut out 2 pieces of filter fabric (not on fold)
2. Place main fabric pieces facing right sides together
3. On one curved end, sandwich main fabrics between the two pieces of filter fabric and pin. On the other curved end pin the main pieces of fabric together
4. Sew curves on both ends using a 1cm seam allowance.
5. Press all seams open.
6. Marry up opposite seams. Pin top and bottom.
7. Sew top using a 1cm seam allowance.
8. Sew bottom using 1cm seam allowance. Leave a hole of approximately 5 cm (we will use this to turn through fabric)
9. OPTIONAL - On top, sew from base of 'hill' to other base of 'hill' using an edge stitch seam allowance to create a channel. Insert nose wire and position centrally. Sew to connect seam and edge stitch either side of nose wire to secure.
10. Push fabric through hole to turn to the right side.
11. Insert chopstick between layers and use to push and neaten corners. Fold in edges of the hole 1cm to neaten seam.
12. Press all seams flat (including corners)
13. Topstitch around top (ensuring to miss the nose wire!) using a foots width seam allowance.
14. Topstitch around the bottom enclosing the hole using a foots width seam allowance..
15. Press side seam under 1cm on both side seams.
16. Insert 1.5cm of elastic in top crease, turn over and topstitch (tracing existing topstitch). *you may want adjust how much elastic you have at this stage for a comfortable fit.
    Repeat for bottom. Sew from bottom to top along the side seam using 1cm seam allowance.
17. Repeat step 16 for the other side seam.
18. Press mask and try on!

Scan for video tutorial

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